9th Indoor Lowland Championships

Saturday 23th & Sunday 24th September 2023

SnowWorld,

Landgraaf, Netherlands

Entry CLOSING DATE: Wednesday 6th September

GBR Race Secretary Andrea Grant 07956 422839 Andrea.grant@gbsnowsport.com	**Race Organiser** Netherlands Ski Federation **Chief Of Race** Netherlands Ski Federation

The race is run under fixed quotas per nation, therefore entry doesn't mean that you will be accepted.

Each Nation has a specific quota (GBR, NED and BEL will have a quota of 100 (60 +/-5 male and 40 +/-5 female). Luxembourg, Denmark, Iceland and Ireland will have a quota of 30. Each nation will determine their own entry criteria.

Please note that the Netherlands has restrictions that apply to coaches and volunteers who are not permitted to work in the Netherlands unless they have an appropriate work permit.

Race Information

The 2023 and 9th edition of the Indoor Lowland Championships will be organised, on behalf of The Dutch Ski Federation.

Entries are invited from competitors in one of the lowland nations (GBR, BEL, NED, DK, LUX, IRE and ISL) for the 9th Indoor Lowland Championships to held at SnowWorld Landgraaf, the Netherlands. This event is organised by the Lowland Nations with the aim of helping the Lowland Nations to develop new partnerships. The event will count for British BASS, Belgian, Luxembourg or Dutch Snow Points as appropriate and subject to the normal criteria.

Entry Criteria/Invitation

Each race is open to racers registered with their respective home nation meeting the age group categories:

- U10
- U12
- U14
- U16
- U18
- U21
- Seniors
- Masters

Each Nation has a specific quota (GBR, NED and BEL will have a quota of 100 (60 +/-5 male and 40 +/-5 female). Luxembourg, Denmark, Iceland and Ireland will have a quota of 30. Each nation will determine their own entry criteria.
For GBR entries, as a guideline, the quotas by age category will be approximately as follows:

	Male	Female	
U10	5	5	10
U12	5	5	10
U14	18	12	30
U16	18	12	30
U18	3	2	5
U21	3	2	5
SEN	3	2	5
MAS	3	2	5

The organisers reserve the right to amend the approximate split as above based upon the number of entries received and this may affect the distribution of the age categories. In the event that GBR is oversubscribed and that we are not awarded any additional quota, refunds will be given to those that are not included in the final entry quota. Athletes will be selected on the basis of their BASS Points, if an athlete doesn't have BASS Points, it will be iBarts; U10/U12's and U14's and any other age categories with no points will be selected on recent race performances.

Race entry information

Entries should be made via the Snowsport England online entry system
https://entries.snowsportengland.org.uk/

The entry fee will be £40 per racer per race day. This fee covers the race fee, entry to the slope, bank charges and admin fees. Any problems please contact Andrea – andrea.grant@gbsnowsport.com

Race information

The individual races will be slalom format. The U10 and U12 will race with stubbies and the remaining age groups with 27mm poles.

Draft Programme

Thursday 21 September

Training: lanes will be available but must be booked in advance. To book a lane, send an email to skiteams@snowworld.com.

Friday 22 September

Training: lanes will be available but must be booked in advance. To book a lane, send an email to skiteams@snowworld.com.

18:00 – 19:00	Sign up – GBR's Team Captain will do this and pass on any relevant information.
19:00	Team captains meeting and bib draw

Saturday 23 September

07:30 – 08:30	Warm-up
08:30 – 09:00	Course inspection 1st run
09:15	Start 1st run

We will start resetting and inspection 2nd course immediately after the end of the 1st run.
Price giving ceremony directly afterwards, exact time and location will be communicated via WhatsApp and commentator.

17:00	Team captains meeting and bib draw

Sunday 24 September

07:30 – 08:30	Warm-up
08:30 – 09:00	Course inspection 1st run
09:15	Start 1st run

We will start resetting and inspection 2nd course immediately after the end of the 1st run.
Price giving ceremony directly afterwards, exact time and location will be communicated via WhatsApp and commentator.

Price giving ceremony

Saturday and Sunday

There will be a prize giving ceremony after the 2nd run on Saturday and Sunday, including the prizes for the Lowlands Cup on Sunday.

Lowlands Cup

The nation that receives the most points during the weekend, wins the Lowlands Cup 2023. The top 5 skiers in the finish of each category will receive points for the Nations Cup. Points per category:

1st place – 15 points
2nd place – 9 points
3rd place – 5 points
4th place – 3 points
5th place – 1 point

Rules

The Race will be run in accordance with FIS rules. For issues not covered by the FIS, the jury will decide. Racers must be able to show their bib in the competition area, at any time. Coaches and other personnel wishing to access the slope will be required to complete a race accreditation form and be issued with an accreditation.

Accommodation and training

For rooms and training lanes, please contact SnowWorld (skiteams@snowworld.com).